



**140 acts
and counting**
Not Miss First
cardinals
to give
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SPOKE

A LEARNING HANDBOOK FOR JOURNALISM STUDENTS



**\$1,000
robber**
Student wins
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award
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Monday, September 23, 2013

CONESTOGA COLLEGE, FORT WORTH, TEX.

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4th Edition — PG. 19

Terry Fox Run raises \$26,000

BY GALE HERRINGTON

Others survivors, volunteers, families and even pets to find together in support of the third annual Terry Fox Run in Conestoga.

The run took place at Riverside Park on Sept. 16 with more than 280 people taking part.

The route traveled throughout the park and participants had the option of walking or running one kilometer, five kilometers or 10 kilometers. For example, the Terry Fox Run event co-organizers were placed with the city's response.

"The Conestoga community is really supportive of the Terry Fox Run — it's really successful here," she said.

There was no minimum donation to run the race, but people were encouraged to raise money for the Terry Fox Foundation. Eighty-four per cent of donations go directly to the foundation to cancer research.

The Terry Fox Run relies on volunteers to make it a success.

"Everyone volunteers, even the organizers — what sets us apart from other runs like this is we don't have big sponsors. You're really on the Terry Fox philosophy. He didn't want corporations making money while he ran, and we have maintained that over the 35 years — we just rely on local businesses to donate supplies, or food or otherwise they can," Strada said.

When Terry Fox was diagnosed with cancer in 1977, he was given a 50 per cent



Photo by GALE HERRINGTON

Runners left from the starting line at the beginning of the Terry Fox Run at Riverside Park in Conestoga on Sept. 16. Runners and walkers raised money for the Terry Fox Foundation. Other runs in the area were held in Kitchener, Waterloo and Guelph.

chance of survival. In 2013, anyone with the same type of cancer has a 50 per cent survival rate.

Robert Bailey is 50-year-old Conestoga dad, is living testimony of this. Bailey is a survivor of melanoma, the same cancer that Terry Fox had.

"The doctors are saying 'you'll never see me again' — they would say 'he's dead'."

Bailey was diagnosed with cancer in April 2012, and is currently in remission. "The only difference between me and Terry Fox is 30 years of research," he

said.

Bailey walked the five-kilometer route and raised \$400 for the Terry Fox Foundation. He said a few words to the crowd before the start of the race, emphasizing the importance of donating to cancer research.

"I would just like to say thank you to anyone who has ever donated to cancer research. I am proud that Terry Fox was his true trust. Terry Fox said I built back a better tomorrow out of our night sky and we were both diagnosed with

melanoma. Now 30 years later, thanks to his vision and your support, I am able to stand here with my own two legs and prove to you that we are winning the fight against cancer."

This year, the Conestoga run raised \$26,000 for the foundation.

The event, which is in its 35th year, has raised more than \$550 million worldwide.

People are encouraged to go for their run. To donate, go to the Terry Fox website: www.terryfox.org.



Robert Bailey, a cancer survivor, speaks in the crowd before the Terry Fox Run.

Cheers Conestoga, a new beer is here

The Sanctuary Bar is now the new home of The Conestoga Lager

BY GALE HERRINGTON

Conestoga Students: the field at First Pioneer Park at the end of Sept. 5.

The run was filled with live music, live entertainment and food. There were more than 280 people taking part in the run, and many of them were students of the college.

It was also the unveiling of a new beer called The Conestoga Lager and sold only at the Sanctuary Bar.

"We're presenting our new Lager today, Saint Cloud just got off stage, and we're also giving away some free glasses of beer today and releasing \$200 beer," said Conestoga

Students for Conestoga's Saint Cloud.

Also at the unveiling at the Pioneer Park was First Pioneer Park representative William Hunter and Conestoga Students who were presenting the new Lager. "We're just now starting to serve them at the Sanctuary Bar, right now," Hunter said,

Bailey added, "We're doing an opening day sampling of all our products that are going to be new here."

She and Conestoga Lager is "Indigenous this year, so we are pushing our new craft products dark with amber and golden beer well."

Some of people Hunter added and said "So far so good, nothing bad."

The new Lager will be served at all Pioneer Park and all events taking place in the Sanctuary for the foreseeable future.

The cost is \$3.99 a pint and \$5 for a six-pack.

Now deep thoughts ... with Conestoga College

Random questions answered by random students

**Who is the most evil
Disney villain of all time?**



**"Maleficent. A place
most evil with the power
to bring it up."**

Andrew Aschfeld,
second year
broadcast radio

**"The Evil Queen from Snow
White. I was terrified after
as a kid."**

Rebekah Larocque,
first year
journalism/broadcast



**"Ariel. She willingly flirts
with pigs and in order to
get what she wants."**

Chad Newfield,
second year
office administration

**"Cruella de Vil from 101
Dalmatians just for fashion.
She probably killed Bambi's
mom to sell."**

Mary Mathison,
second year
broadcast/journalism



**"I just, because an effective
straw is based on how well
you can train an army
with singing."**

Lee Goodfellow,
second year
broadcast/journalism

**"Lilo (Lilo's brother). He
is willing to let an entire
civilization change for his
own greed."**

Neil Watterson,
second year
journalism/broadcast



Soile Corcoran, physical therapy student

CSI decides to reinstate sale of bus passes

BY SHARON DUNN

Instead of bringing a suspension on campus, Conestoga Students Inc. demonstrated its own strength of hand, making bus passes disappear. But it was short-lived, with the passes once again being sold.

For the few who didn't know the passes were not available in the first place, here's the back story: Conestoga Students Inc. (CSI) didn't think the price of a bus pass, which was \$104 last year, was justified for the service provided, so they took a stand.

The student union, which represents all Conestoga students, decided to stop selling bus passes back in the winter semester, hoping it would force Grand River Transit to change their services to adjust the price of a bus pass. GRT did eventually find a way to cut down the cost of the bus passes and they are now \$40 less than they were last year.

With the combination of the price change and students working the service back on campus, CSI started selling bus passes again at the start of this semester. CSI president, Jason Wright, said, "I feel that it wasn't fair to the students to hold back the passes when the bus is such an important service for them to get to and from school."

Students around campus were happy with the new price, especially Shari-Lynn, a second-year office administration student. "This



PHOTO BY SHARON DUNN

passet shows for bus pass to a Grand River Transit stop."

is my first year here, but the price change is definitely better than it was."

Although CSI's quest of selling GRT bus passes as one-sided, they will have more available in January 2014 at the CSI office. Bus passes are still available for sale at GRT terminals across G.R.

For more information regarding housing and the pass-out stop by the CSI office at Room 2A102 and our Justice Hall, a second-year public relations student who is also a CSI service leader. She creates a large number of students daily helping them with everything from housing to providing information about the college.



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Johannes Birk

Conestoga student and Texas-based electronics competitor Johannes Birk checks his work on day two of a WorldSkills competition in Leipzig, Germany.



Mark Brasser

Judge and Conestoga woodworking professor Mark Brasser (front left), Conestoga student and competitor Dennis Stewart, and Conestoga woodworking professor and coach Mark Ferguson stand with Stewart's half-finished cabinet at the WorldSkills competition.

Talent and skills allow for international travel

Conestoga students take on the world at competition

BY MARK JORDAN

Conestoga was once again well represented on the world stage over the summer as the "Olympics of business and technology."

Johannes Birk, a second-year computer engineering student, and Dennis Stewart, a second graduate from the wood working program, both competed at a WorldSkills event, held in Leipzig, Germany. WorldSkills is held biennially, and features young adults aged 19-29 competing in various skilled trades.

When Birk and Stewart started at Conestoga, neither would have believed their passion and dedication to their respective programs "would allow them to travel all over the world, competing against fellow students and creating some of a lifetime opportunities."

Birk was approached during his final week of exams by Hans-Joachim Al-Akhris, one of his electronics professors, who asked Birk about his interest in competing at the Ontario Technological Skills Competition (OTSC) held at RIM Park in May 2013. The path taken by Birk was different from that of his own talent as Stewart competes against fellow classmates first, then moved onto the OTSC, the international.

Electronics professor Rob Cunniff passed the word-outlet of Birk, saying, "he was pre-

sumably working on his own time, figuring things out." He added, "I might have taught him one or two things but I'm not convinced."

In a strategy set of requirements Stewart was able to advance out of the Ontario qualifying area, though he placed third, since the first and second place winners became ineligible due to becoming 21 years old by the time the WorldSkills event took place this past summer.

“The competition is so close, one small error can drop you several places.”
— Mark Brasser

Stewart went on to place first in Edmonton and advance to Germany. Similarly Birk finished second in Canada, but advanced to the WorldSkills event as the Canadian champion also became too old to enter the international competition.

Just like an athlete would train for any major competition, setting aside time and having a coach to train from, he can do Birk and Stewart. Birk had Rudy Hilde, a Conestoga electronics professor, and Stewart had Mark Ferguson, a wood

working professor at the college. Coach Hildebert Birk trained for almost a half hour everyday, going over mistakes and successes.

Mark Brasser the Canadian judge for the woodworking competition and also a professor at Conestoga, said, "There isn't a huge difference between first and last, that's why it's quite intense."

Stewart had four days to complete a specific cabinet, having allowed four hours each day to complete certain components such as build up the drawer. Birk during his four days of the competition had to create a new hardware design as well as appropriate an alarm clock to play the Canadian national anthem.

"Otherwise I had a strong first and last day, the two is a difference he got lost for a bit," Brasser said.

Stewart ended up placing a respectable 12 out of 23.

"The competition is so close, one small error can drop you several places," Brasser said.

Birk finished 18 out of 17 stating that ultimately he decided it was time and speed. Birk also admitted that he had problems with his design, however he believes some practice wouldn't have helped.

"They put me up to get their stuff done way quick, on which allowed them to go back and check over their

work," he said.

When asked about advice to give to students who may compete at the next WorldSkills in Brazil, Birk said, "Practice and you don't even need to practice, (Stewart) at the end

it all comes down to speed."

Birk is currently on his way up from working at Blackberry in Waterloo. Stewart recently moved to Ottawa to pursue his master in engineering.

RFA 12 BATTLE IN THE DEN



Angel Nola Quinsam

Second-year biochemistry technology student Angel Nola Quinsam, celebrates after scoring a goal in his final. Before halftime a second-year general arts and sciences student, during an intense match of RFA 12 in the Den at Conestoga College's Dean complex on Sept. 23.

Delaying adulthood

BY CHASTY KOWALSKA-SHERMAN

Were you born after 1944 but before 2000?

If so, congratulations: you are part of the millennium generation, otherwise known as Generation Y.

Maybe you've seen the often parodied *Time* cover, the one with the young woman in her phone booth. "The Me Me Me!" generation plastered across her. And after that, "Why they'll save the world."

The name of *Time* that contained the article written by Joel Stein came out in June, but articles and books discussing Generation Y have been around for years.

"I am about to do what old people have done through out history: tell their younger that we have nothing, nothing and nothing!" he wrote, pointing out how every generation has criticized the one that follows.

So, the criticism isn't new. What is new is that the "save the world" bit. Unlike some articles about millenials, this one tries to find some good in their behavior. As it turns out, that little tacked on line doesn't stop people from getting angry, which isn't too surprising.

The final three pages of the article talk about how these sweet teens that can only be found in people under 24, but even that doesn't stop them from making jobs.

"They have less financial aid and credit so it's difficult, admittedly, isn't that hard when you're living at home and using your parents' credit card?" Stein says.

People under 24 rarely have statistics to back their criticism up, and rarely examine why millenials are the way they are.

Stein discusses how millenials are living at home longer, but never gives any reason as to why.

Matt Hays published a column in July, mentioning my friend's article incorrectly, called "Can We Stop Whining about Millenials Yet?"

His column said at the end of explaining why millenials aren't moving out as early as previous generations.

"They're enjoying adulthood because the job market is worse than it's been since the Great Depression," he says.

At least he tried to provide some rationale. Others who plan on writing similar stories should remember that context is important, and that this story has already been done to death.

The column never explained the position of the newspaper, nor necessarily the author.

Letters are welcome

Spoke welcomes letters to the editor! Letters should be signed and include the name and telephone number of the author. Writers will be contacted for clarification. We assigned letters will be published. Letters should be no longer

than 500 words. Spokey reserves the right to edit any letter for publication. Don't let us let you go! Spokeyonline.com with the subject line "Letter to the Editor," or bring them to Room 103B at the OCCC campus



Textbook prices: Almost as expensive as tuition

Cool people have a valuable trait: confidence

What makes that difference in people that labels a rebel from a cool? And what do cool people possess that makes their genes feel jealous or fortunate to be in their presence?

It can be argued that many feature attributes to this don't quite label, but I think it can be boiled down to a single aspect — confidence.

For some confidence comes naturally. For others it's just out of reach when needed, and for a few they think it will never be a part of who they are. But I think it's achievable for everyone.



Ashley Marie Opatow

One who exudes confidence makes me feel inferior. Deep down I envy something they have that I don't, and I believe it's a greater sense of confidence.

If someone was confident and cool it's possible that the line between the cool and common people of our world would diminish for at least someone until a new high level of cool is reached.

Wouldn't it be nice to reach the cool and feel equal?

Now I am not expecting to revolutionize the world, but it would be nice to impress even just a handful of students or staff to work toward feeling confident as they walk through a large crowd full of people.

Here's the hard part. I would share many feelings

they experience that come with the other side of our dilemma, but unfortunately, it's all a mental matter. Just keep in mind that we are all people. Issue of no external display or outward need that is OK to have insecurities — everyone has those and always will.

We just have to learn to be comfortable with what we have and accept it and then confidence will build.

I know it's impossible to overcome every setback, and while it's confidence in these golden tickets, one the second group of cool, but personally I believe it is.

It creates an attractive glow that magnifies others, it's truly a magical characteristic. To be quite honest, none of the most attractive people I've met have not been "looking" just to find just comfortable people.

An American, scientist, lecturer and poet, Ralph Waldo Emerson, once said, "The most of greater success is with a boundless confidence in our own powers."

“Just keep in mind that we are all people, none of us extraordinary or unusual and it's OK to have insecurities.”

Confidence is what makes the cool cool. As much as I hope to attain that sense

SPOKE

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Assignment Editors: Casey Schindlerberger, Jeff Ross
Advertising Manager: Brandon Gussard, Kelley Barker
Staff: Editor: Rachel Williams, Ashley Kautz, Greg Kautz, Ryan Kautz, Matt Kautz, Emily Stevens

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Spokey's address is 229 Deer Ridge Dr., Room 103B, Cortstock, Idaho 83203-0001.
Phone: 208-348-2225 ext. 3091, 3093, 3095, 3096
Fax: 208-348-2034
Email: spokeyonline@ccc.edu
Web: www.spokeyonline.com

A look into Lower Doon's past

BY TERRY BATES

Lower Doon remains a pristine environment, largely unaffected by urban sprawl.

The landscape has seen definite changes over the years, yet it remains historic. Little commercial has occurred, leaving the forest preserved. With its rich display of heritage architecture, historic land and soft woods and its continued history, the Lower Doon not only continues to retain its history at every corner.

The area follows the Grand River from Old Mill Road, once Mill Park Drive where it eventually merges with Homer Watson Park.

Willow Lake was a local swimming hole which existed from the beginning of the 1800s until the middle of the 20th century. This popular attraction was a place where young and old would visit

during the hot months of summer to swim, sunbathe and high dive.

The lake was preserved by the donation of Selkirk Creek, which passed through the late Adam Farris mill — the Pioneer Mill — in the early 1800s.

The Clarke family operated a poultry farm near the lake and used the lake property.

By the start of the Great Depression the Clarke family decided to convert their lake and brought in loads of sand from the nearby dam to synthesize a beach. The beach was constructed by a high dive platform later on. This lake was used by locals for swimming in the summer and skating throughout the winter.

In 1905, during a colossal rainstorm, the Grand River swelled and flooded causing the Doon mill to collapse. With

the mill destroyed Willow Lake drained into the Grand River.

Just up the road from Selkirk Creek into the historic Homer Watson House.

This homestead and adjacent mill were built by Adam Farris in 1804 and were later acquired by Homer Watson a local artist who was born in Lower Doon.

Watson had a deep affinity for Doon and believed "there is in the bottom of each man a conscience as low as the level of their birth."

In 1880 Watson finally sold his first painting to governor general Monck of Lower Doon. This sale marked his life as an artist. The painting, entitled Pioneer Mill, was gifted to Queen Victoria and to the day remains in the private quarters of Windsor Castle as part of the royal collection.

Watson lived at the Farris house until his death in 1905, at the time creating masterful landscape paintings of his surroundings. He is buried in the region's oldest cemetery Doon Presbyterian Cemetery just up Mill Park Drive from the Pioneer Mill.

The house was later renamed the Homer Watson House in the late artist's honor.

Like any city undergoing development, the community has not escaped the impact of urban sprawl.

"This is very rarely able to cross the barrier at Old Mill Road," said Chris Ward of Selkirk Inc. who has started fish migration in Selkirk Creek since 2004. "We have manually transferred them but according to our team, very much they cannot pass the barrier under most low and high water conditions."

each opening."

A stream barrier, used to slow currents caused by an increase in stream water, has stopped these fish from passing their natural spawning ground.

Issues involving the nearby water treatment facility have also caused some controversy.

In October 2012 University of Waterloo research team found male fish to be producing eggs downstream from the effluent disposal site of the water treatment facility. Gender maturation in male fish have been linked to heavy nitrogen in surface water.

Many of the current have changed, and unfortunately much of the creek and river and many of the original structures remain making Lower Doon truly a place of living history within Waterloo Region.



Photo by Terry Bates

The Old Mill bridge, which crosses Selkirk Creek in the Lower Doon area, has changed significantly since the Pioneer Mill below below was painted in the 1880s.



Photo courtesy of the National Library of Canada

The Pioneer Mill was painted by Homer Watson, who was born in Lower Doon.



Photo by Terry Bates

This is the remaining structure of The Pioneer Mill, which was originally constructed in 1804 by Adam Farris. It was later destroyed during a colossal rainstorm.

GLBTQ welcomes students



Photo: Bill Brown for CIP

Student Life Centre members (from left) Sandy Lohani, Lagan Arshin, Andrea Welch, Amy Baird, Gaurav Rajput and Ravi Bhak (stand) the GLBTQ Welcome Night at Conestoga College on Sept. 23.

BY DENISE HAYES

Conestoga College's GLBTQ Welcome Night had a turnout of approximately 50 people on Sept. 23 at the cafeteria's Blue Room. Conestoga's Student Life Centre, along with the GLBTQ community, planned a fun and informative evening for both new and returning students who preferred to mix, mingle and share their stories and experiences.

Conestoga's GLBTQ community — which represents the gay, lesbian, bisexual, transgender, intersexual and queer students — was created as a "safe haven" for those looking for support and acceptance.

The event featured a Kevin Black, a 2013 graduate of Conestoga's public relations program, a comedian, a radio broadcast student, Lagan Arshin, and Andrea Welch, a comedian and former student a few in her second year. Arshin, a transgender male, and Welch, his friend, gave some insight into what it means to identify yourself as an individual.

"It should be up to you whether or not you want to be referred to as 'he' or 'she,'" Arshin said. "As a gay, I've filled into everything I was into

before I was a guy."

"People are not made for labels," Welch added.

Arshin and being transpender at Conestoga has been a great experience, but that there are some areas that need more.

"There are only two gender-neutral bathrooms on campus. So if I am in the G-wing and have to go to the bathroom during class, I wait at least 20 minutes of my class. We need more resources for people who we may not know exist at the school," he said.

Black, who founded Conestoga's Gay Straight Alliance, said it is important for not only the gay community to be aware and understood. "I wanted that, unfortunately — I don't just want it to be GLBTQ. I want them to be straight allies," he said. Black also stressed that although so many people have so much to learn, we are always moving forward.

"Welcome more view, but we're getting there."

For more information about GLBTQ at Conestoga, you can e-mail pr@conestoga.ca, or on or visit the Counseling Services website at www.conestoga.ca/counseling-services.

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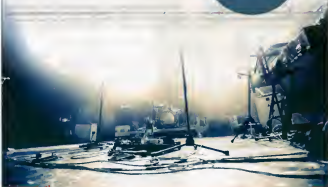
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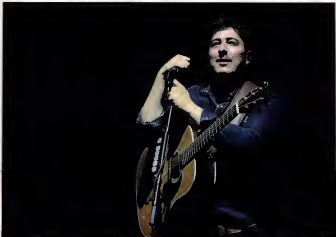


PHOTO BY KEVIN MAZUR

Marcus Mumford, lead singer of Mumford & Sons, sings their song "Red Army Four Shoes" on Aug. 24 at the Gentlemen of the Road stopover in Sitona, Ont.

The (new) great folk-rock revival

Mumford & Sons leads the way with their Gentlemen of the Road tour

BY STEPHEN LEE

Folk-rock revival today looks a lot like it did in the 1960s and '70s. Musicians old enough to remember vinyl instruments and formal attire.

In 1960s America, folk-rock music was heavily influenced by folk-protest songwriters such as Woody Guthrie and Bob Dylan.

In the late '60s and early '70s, folk music developed from country blues, jazz and ragtime, using conventional instruments such as acoustic guitars, fiddles, banjos and harmonicas or reprocessed instruments including the washboard and the washboard.

By the mid-'60s, the popularity of folk bands being limited by electric rock instruments grew with artists such as Dylan, who left the traditional acoustic sound of folk, showing that people were not so blinded with rock 'n' roll.

Today, many folk-rock bands have been heavily influenced by the guitar-picking styles of 1960s and 1970s artists such as Guthrie and Dylan, and still use a blend of conventional and improvised instruments. Bands such as Mumford & Sons have taken the music industry by storm with their toe-tapping sound and creative lyrics, which have influences from classic literature such as Shakespeare's *Macbeth*. About Nothing and John Steinbeck's *Of Mice and Men*, to name a few.

"They take a very simple concept and mould it into their own sound. The subject matter is straightforward, yet they find unique and interesting ways to express it, which takes a great deal of skill and talent," said Nick Roberts, an independent musician from Lunenburg, Ont. "The lyrics are very powerful and often make you stop and think about what you are listening to."

The booming popularity of bands such as Mumford & Sons have shed new light on older bands such as Bruce Springsteen, Fleetwood Mac and Dylan, for example, with some of these bands influencing Mumford & Sons' musical style.

The Gentlemen of the Road tour, a two-day music festival "celebrating local people, food and culture, where everyone gives in and everyone gets something back," according to the description on the official Facebook page, was created by Mumford & Sons as an attempt to bring people together with each stop over being likened to 1960s Woodstock.

These only Canadian stops were, and one of five across the U.S. and North America, was held in Norfolk County's largest community, Simcoe, Ont.

"The band likes to do events and shows in places that haven't been used for music

concerts," said Jim Meritt, Mumford & Sons' publicist, in an email.

The two-day festival took place on Aug. 23 and 24 at the historic Norfolk County Fairgrounds. The lineup included 11 other bands, well-known acts such as Old Crow Medicine Show, Edward Sharpe & The Magnetic Zeros and Vancouver singer-songwriter Dean Kraybill, with Mumford & Sons headlining.

Saturday alone was 35,000 people, making it the biggest stopover to date, according to Meritt.

But what makes Mumford & Sons so popular?

"They have come out of nowhere, but it's not just that they're great guitar players," said Jeff Hamilton, a graduate of the journalism program at Chatham College.

In their DVD *The Road To Red Rocks* — a film composed of live footage from interviews and shows that the band did

while on their 2012 *GOTYR* tour and playing to Red Rocks Amphitheatre in Colorado — the band noted that the most important part of Mumford & Sons is the collaborative exchange between them and other bands.

At the end of the night, Mumford & Sons had all 11 of their supporting acts come onto the stage for one special, final song. Everyone picked up their instruments and

rendition their voices for *The Weight* by The Band. What was the significance behind this song? Nick Deakin, one of the founding members of The Band, who was born in Green Corners, Ont., located in Norfolk County.

"I think the reason Mumford & Sons are so popular is because they are doing what Gordon Lightfoot and Bob Dylan did in the '60s: they are the gap between folk and pop music, only for today's generation," Roberts said.

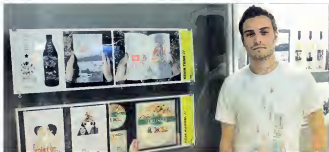


PHOTO BY BRECK HENRIK

Kevin Turner is a third-year graphic design student at Conestoga College, poses beside his award-winning Dead Elephant beer packaging design which is featured in one of the college's display cases. The award included a \$1,000 prize and he even got a job offer from one of the judges.

Conestoga student wins big

Nabs \$1,000 at graphic design competition

BY BRECK HENRIK

Conestoga has emerged from Conestoga College as the firm of award-winning talent Kevin Turner a third-year graphic design student is the winner of the Quarry Communications Award for Western Ontario.

"Typically all the winners from various graphic design contests around the province submit to it, an typically your work has to be pretty tight," Franklin Patten, a third-year Conestoga College graphic design student, said when asked if the competition is tough.

RDD or the dominance of Ragnor's Graphic Designers in the job for layout and distributing graphic design awards RDD judges a jury of 50 award-winning creative professionals to decide the 17 winners. There are a variety of graphic design categories such as typography, web design and motion graphics, and the prize money is \$1,000 per winner.

"I heard about it, and instantly I wanted to do it, because I had this one project that I thought could go the distance," Turner said.

Conestoga College graphic design professors encourage second-year and third-year students to submit to the RDD competition. Not only is the competition free, but winning provides more than just a cash

reward. The exposure is huge advantage in the competitive industry of graphic design.

"It opened up a lot of opportunities, because I'm getting featured in a magazine, and actually got a job offer from one of the judges," Turner said.

Turner won the Quarry Communications Award with his submission featuring a package design for Dead Elephant beer. He took his inspiration from the beer's name and Matthew Derrico (pronounced) Brown, an Ottawa, an illustrator who does costumes with a chance (Marty Moseley did his) with a look again.

"I thought that could be really interesting for the branding of Dead Elephant. And, it's also been based off of Daniel the Elephant, who was a circus elephant and then died on a train track. I thought that was pretty interesting, so I wanted to use that style, because it really evoked that story."

RDD has distributed over \$10,000 in cash awards to bring professionals and developing designers together to encourage the upcoming generation to strive for success. If you are interested in getting involved or sponsoring the awards the RDD contact Harry Ashworth RDD's executive director at h.ashw@rdd.com.



PHOTO BY BRECK HENRIK

Above is the black and white beer package design that won Kevin Turner an award at the RDD competition.



COUNSELLOR'S CORNER: Loneliness

Many of you are here from out of town, some are leaving away from home for the first time. What a change! There is no one to report to about what you ate today and what. Curfew - what's a curfew? There is also no one to ask "How was your day?" "What time would you like to have dinner?" and to say "I love you."

The excitement of new freedom and opportunity may be tempered by loneliness - missing your family, friends and community. Slowly, you'll get to know some of your classmates, faculty, teammates and other peers. Perhaps you'll get involved in extracurricular activities at the Recreation Centre and clubs and events through the student government. Read Spikes, your school newspaper, and visit Student Life in Hamilton to yourself with happenings on campus.

You can meet with a counsellor in Counselling Services to talk about adjusting to your environment and to go some problem solving about getting involved in your college and your new community.

A Message from Counselling Services.

Share your hobbies

Meet others doing what you love

BY LISA STOKES

In the hallways and class rooms at Conestoga College, students are starting to gather; sometimes parties are played, other times important conversations are being held.

Conestoga Student Clubs and Societies, a Conestoga Students Inc. committee that oversees clubs at the college, presents all students, both new and returning, with an exciting opportunity to make new friends and join a group

recently moved to the new drive Seattle, Wash., is the leader of the DJ Club. "I started this club to bring together the school's DJs as well as those who share the interest and would like to see first-hand what it's all about and learn the art."

In terms of fun, the biggest club that has been part of Conestoga in the past is the Christian Fellowship Club. Currently, the Conestoga Gamers Club holds the most open access events every month on campus.

“I have had students come in and express interest in everything from a gaming club to a Latin club.”

— Lisa Stokes

Stokes says she has seen all types of clubs at Conestoga. “It is a great way to enhance the college experience by finding the place that keeps them on campus and connected to their student community (CSA),” and Lisa Stokes, knowledge development coordinator for CSA.

Currently, there are only a few active clubs at the college, headed up by the Conestoga College Accounting Association, Conestoga South Area Students, the International Students Club, Omega Psi Phi 20 years of service and money) and the ever popular Conestoga Gamers Club, however Stokes said there are many other clubs, such as the Conestoga IM Club, that are still in the applying process.

“I have had students come in and express interest in everything from a Latin club,” Stokes said. Andrew Smith, a first-year accounting student, who

ag support, while previous club days had involved fees and a poster printing account.

“Being a member of a club allows a student's ability to change team and gain something they are passionate about — think that any employer would be thankful to have an employee,” Stokes said.

Stokes are wishing to form a new club or society can pick up a club manual from any CSA service hub or download the manual from conestoga.ca.

Upon completion, students must submit it to Lisa Stokes at their nearest CSA office at any point throughout the 2003/2004 academic year.

If students are looking to start a new student club that can find the information online at conestoga.ca can under the heading a college service (including a new club tab).



Photo by NASH WOODMAN

Christopher Lucero (from left), a first-year health information science student, Seattle, Wash., a first-year public relations student, and Sarah McEwen, a first-year health information science student, enjoy the food at the Tacos & Pizzas Party held at the Conestoga Residence and Conference Centre on Sept. 22. The three all reside in residence.

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DIY is alive in Waterloo next month

BY DANIEL HOWES

Local Do-It-Yourself artists are getting together this October for an event that will showcase the Tri-Cities' DIY talent.

DIYDAY is an event that gives local indie artists and bands an outlet for sharing their work and a chance to meet other artists that it also gives people in the community an alternative way to discover and support local artists.

DIYDAY is being held at Chateau on Oct. 26 between noon and 5 p.m. It's an all ages event with a "pay what you can" cover charge.

Artwork on display will include stories of musicians by Katherine Watson, art-

ist John Hardy and portraits on wood and other reclaimed materials by Stephen Buchanan Watson, artist, Chris Austin.

Other musicians represented during the event will include indie labels and independent acts. There will also be a wine library where visitors can borrow old wines at home but there will also be current and vintage displaying their work.

DIYDAY will also have interactive activities for guests to get involved in, such as a booth to make your own buttons and a stand to have interesting conversations of yourself created. There will also be live music performed by The Pioneers and

Howkays.

Mary Leconte, owner of both the Pioneers Club and Chateau Brewery, is the organizer. He has been hosting non-profit events since 2006 with concerts, comedy shows and breakfast shows.

He became involved in the local DIY scene by putting on a show called CTRPLLL and holding events to accompany the group's monthly releases.

"This response from the community was great and people's willingness to be involved in their sort of thing made me want to keep doing it," Leconte said. He also hosted live shows for the at venues on Waterloo such as Juke Joint, the Pioneers Factory and the Pioneers Club.

Between his businesses and family, Leconte hasn't had much time for his own artistic DIY projects, which is why it's important for him to hold such events. He hopes DIYDAY will inspire more people to start projects of their own.

He said, "I think, at the end of the day, people who want to create things will just do it. It might not always be the light of day, but hopefully events like this can encourage people to share their plans."

If interested in participating or if you have any questions about the event, you can contact Leconte by email at pioneers@ctrlplll.com, visit or join the event page on Facebook: www.facebook.com/events/712803205556555.



PHOTO BY DANIEL HOWES

DIY Day is being held at Chateau on Oct. 26 and will feature local artists and bands.

NOT ON A WALL THIS TIME



PHOTO BY DANIEL HOWES

A cicada starts clinging to a tree, awaiting some form of stimulus to heat its body and bring it back to mobility. The photo was shot at Woodland Cemetery in Waterloo Sept. 18.

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W. J. 1993. *Journal of Great Lakes Research* 19: 1-10.

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KOI Music Fest has astounding growth

BY DORY STEVENS

In their third years KOI Music Fest has become a major part of the Kitchener-Waterloo music scene thanks to astounding growth.

The festival, held on King Street on downtown Kitchener, started with 120 bands in 2010. The roster consisted of a few larger bands and a wide array of local talent. This year, big names in the music scene such as Cole in White, Wu An Yin, Chiselhead and Kitchener were present, as were a long list of local bands and acts.

On Sept. 14 the growth of KOI was easily seen. Acts could be found everywhere and they were all different. The festival had featured the current scene players in Kitchener. In this year had 240 acts play at a seemingly endless crowd that, around down town King Street.

"We have absolutely no interest in doing something in Toronto like they did," said Dory Stevenson, an organizer. "We are in Kitchener, we are the organizers of KOI Music Fest." "The point of this festival is to give people another reason to come to Kitchener or to give people from Kitchener a reason to stay here and support their own community."

"KOI is our favorite day of the year. It is an opportunity for musicians of all genres to play to a diverse audience at an incredible festival not to mention a day with great promoters," said Bobb Pugh, the head promoter for local band Greenfield. "The Greenfield brothers have been around the local music scene well before many of us picked up our first instruments and they are going back to the community doing what they do best. Vendors, artists and newcomers from far and wide come to Kitchener to experience an awesome week-end in which we all agreed to enjoy quality music and the company of great people."

"The festival has definitely come a long way in four short years," said Brandon Green, the lead vocalist of Three Crowns, an act that. "I think it's something that every local band and musician here looks forward to being a part of every year, either playing or watching."

The number of people in attendance has easily doubled every year. In 2012 near 7,000 people were present in downtown Kitchener.

A very vibrant setting filled with music, friends and support, KOI has grown to be a reputable festival and is drawing attention in the local music scene.

"We are a locally owned, city-sung event and we put a strong emphasis on local talent at the fest," said Dory. "We want to support those great artists and build Kitchener as a music destination for all to enjoy."

"I think it really helps to put Kitchener on the map instead of being known as the small stepping stone between London and Toronto," Green said. "Kitchener was always a town of fun. To be able to play to a festival crowd full of all our friends and to our hometown? It doesn't get much better than that."

The festival is also a place where musicians can network.

"Being a kid in town, Hell, I'm 20 and I will feel like a kid," Pugh said. "Music still helps me through all sorts of things going on in my life and, honestly, nothing like a real album as a means to clear up head and make me smile when I'm stressed out or feeling under the weather."

Greenfield has been an act on the stages of the KOI Music Festival for three consecutive years, each year playing new and old live recordings. "This year they played a lot of new material as they get ready to release their upcoming album Perfection."

From late into the Saturday night, the festival was still receiving word, people full of energy and excitement. The latest act was scheduled for midnight and people stayed in the downtown area, talking with each other and still friends.

"There is a strong following here on the K-W music scene and it keeps it an active very small, making you attend certain events on the way," Pugh said. "Different people are into different kinds of music for different reasons and the organizers at ABC do a really good job at bringing in a diverse lineup of artists both locally and outside of Kitchener."

ABC, Chiselhead Co. is a company founded by the Greenfield brothers and is a major supporter of KOI Music Fest.

"We look forward to KOI every year and we can't wait for next year," Pugh said.



Photo by Dory Stevens

Bob Greenfield, vocalist of Perfection, played late at night on KOI Music Festival at Patrick Blue Whiskey Stage in Kitchener.



Photo by Dory Stevens

Acts in White We Adored For played on KOI Music Festival at downtown Kitchener on Sept. 14.



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